

Moms, Tots and Beyond

March 26, 2015

Laura Ward MS, BCBA (laura.marie.ward@gmail.com)

Age	Development	Common Behavior Problems	Appropriate Consequences	Appropriate Expectations
Infant – Toddler (0-2 yrs)	Learn through reinforcement and punishment Concrete thinkers	Aggression Tantrums Safety issues Eating	Redirection Time outs	No hitting/biting Sit to eat for 10-15 mins Request by pointing and words/signs Stop when name called
Early Childhood (2-6 yrs)	Learn through reinforcement and punishment Basic understanding of cause and effect By 3-4 start to use basic emotional regulation 4-5 begin to show an understanding of empathy Concrete thinkers Learn morality through reinforcement and modeling	Tantrums Defiance Talking back Eating Sleeping	Time outs Take away privileges Behavior chart	No hitting/biting/kicking/throwing No talking back Follows directions Sits to eat for 15-20 mins Beginning manners Clean up (toys to clothes/room) 3-4 start to dress self Sharing
Middle Childhood (6-8 yrs)	Start to develop more logical thinking Theory of mind starts to develop Increase in empathy Begin to experience guilt and shame Learn there are more than one way to look at morals	Tantrums Defiance/Talking back Tattling School Complaining	Take away privileges Overcorrection	Respecting others Do homework Do chores Understand consequences to behavior Understands own emotions better

Appropriate Expectations and Developmental Considerations

We can show our children grace by:

- Set clear boundaries/rules
- Being consistent with consequences
- Not dwelling on the behavior after it is dealt with
- Engage their hearts
- Ensuring our children know they are loved regardless of behavior

Ephesians 6:4

“Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.”

Proverbs 29:17

“Discipline your son, and he will give you rest; he will give delight to your heart.”