

ICE BREAKER: As you enter, begin to fill out the answer to the questions below.

What are the most important “do’s” and “don’ts” from ...
your up-bringing? your husband’s up-bringing? how you’re raising your
kids now?

- | | | |
|----------|----------|----------|
| 1. _____ | 1. _____ | 1. _____ |
| 2. _____ | 2. _____ | 2. _____ |
| 3. _____ | 3. _____ | 3. _____ |

And as a **CONVERSATION STARTER** with others, try asking,

What’s a command (or rule) you’ve found yourself making that, prior to becoming a parent, you never thought you’d have to make?

(i.e. “when leaving the house, underwear has be on your bottom, not your head.”)