

SOME X-RAY QUESTIONS

Adapted from Ed Welch, *When People Are Big and God is Small* and Dave Powlison, *Seeing with New Eyes*

1. Do other people often make you angry or depressed? Are they making you crazy?
2. What do you fear? What do you tend to worry about?
3. What are your characteristic daydreams or fantasies?
4. Do you **need** certain persons to listen to you? Respect you? Affirm you? Love you?
5. Where do you find your identity? How do you define who you are?
6. Where do you find refuge, safety, comfort, escape, pleasure or security?
7. What do you pray for?
8. How do you implicitly say, "If only I had _____, I'd be happy."
9. What do you feel entitled to? What do you think you see as your rights? In other words, fill in the blank, "I deserve_____."
10. What is it you hope for?