

**Core Idols behind sinful tendencies**

<b>What I seek</b>	<b>The Price I'm Willing to Pay</b>	<b>My Greatest Nightmare</b>	<b>Others often feel...</b>	<b>I often feel...</b>
<b>Comfort</b> (privacy, <u>lack of stress</u> , freedom)	-conflict avoidance -avoidance of difficult conversations -"giving-in"	-needy children/spouse -stressful situations -disobedience -conflict/arguments	-ignored, neglected	-irritable -agitated -annoyed by my children's/spouse's needs
<b>Approval</b> ( <u>affirmation</u> , love, relationship)	-lack of genuineness or openness	-public misbehavior -exposure (the curtain being pulled back) -rejection	-children feel exasperated by expectations	- inadequate -embarrassed -ashamed
<b>Control</b> (self-discipline, <u>certainty</u> , standards)	-lack of spontaneity or flexibility -lost opportunities (e.g. teachable moments, conversations, events)	-uncertainty -unpredictability	-insignificant (just a "cog in the wheel") -unimportant -condemned (if unable to keep up with my schedule)	-anxious -worried -irritable
<b>Power</b> (success, winning, <u>influence</u> )	-lost intimacy, trust and/or vulnerability	-humiliation -weakness	-used -exasperated -hurt	-anger

*Search me, O God, and know my heart! Try me and know my thoughts!  
And see if there be any grievous way in me, and lead me in the way everlasting!  
(Psalm 139: 23-24)*

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