

A Sabbath Way of Life

January 10, 2021



ARE YOU NEW TO KNOX? WELCOME!



Prayer

If you would like someone to pray with you, pastors will be available at the front of the Worship Center after the service.



Communion

We celebrate Communion weekly. If you are a baptized follower of Christ, we invite you to join us.



Questions?

If you'd like to talk with someone about questions you have, please contact the Knox Office. Information is also available through the Knox app or website.



Connecting at Knox

Community Groups are one of the ways we seek to help folks get and stay connected at Knox. These small groups are a way to engage in Gospel-centered community as we study God's Word, worship, pray, serve, and seek to live out a God-honoring, neighbor-loving life together. Visit the Knox website (Ministries -> Adult) to find out more about Community Groups and to complete a request form to join one.

LEADING IN WORSHIP TODAY

Pastor Bryan Gregory (sermon & Communion) • Pastor Josh Boehr (liturgy)

- FOR REFLECTION -

God designed the human machine to run on Himself. He is the fuel our spirits were designed to burn . . . That is why it is no good asking God to make us happy in our own way . . . God cannot give us happiness apart from Himself, because there is no such thing.

- C. S. Lewis



ORDER OF WORSHIP

– GOD GATHERS –

Prelude *(You are invited to pray and reflect silently.)*

Welcome

Call to Worship *Matthew 11:28-29*

***Hymn of Praise** *Great Is Thy Faithfulness*

***Prayer of Praise**

***Songs of Praise** *God Is for Us
Yet Not I But Through Christ in Me*

– GOD RENEWS –

Confession of Sin

Assurance of Grace *Psalm 32:3-5*

Pastoral Prayer

Hymn of Preparation *O Breath of Life, Come Sweeping Through Us*

– GOD FEEDS –

Scripture Reading *Jeremiah 17:19-27*

Sermon *Living the Sabbath: Resisting Enslaving Expectations*

Approaching the Table *We Remember You*

The Lord's Supper

***Song** *My Worth Is Not in What I Own*

– GOD SENDS –

***Benediction**

** Please rise in body or in spirit*

RESISTING ENSLAVING EXPECTATIONS

Jeremiah 17:19-27

Next Week: Leviticus 27:16-25

- GOING DEEPER -

Today's sermon explores the question of the burdens we carry and the price we pay when we don't give them to Jesus.

- ▶ Time for an honest assessment. What burdens are you carrying that feel so crushing or draining? Denial will not help, and God already knows. So, go for it!
- ▶ Having just found out how good honesty feels, let's try it again. If this burden is killing you, why do you hold onto it? Why not just lay it down? Why do you think it is worthy of your worship?
- ▶ To the weary and burdened, Jesus says, "Come to me and I will give you rest." Why do you fear trusting Jesus and struggle to hand that burden to him, to know real freedom and rest? What does the gospel tell you about Jesus that will help you reach out to him this week and begin handing off your burden?
- ▶ Pastor Bryan described the Sabbath as a safety release valve. Pressure builds and builds as we try to make life work on our terms. How might the practice of Sabbath help relieve the internal pressure that is building up inside and give you the freedom Jesus promises?





Family Matters

- ▶ Giving statements will be mailed via USPS later this month. To ensure delivery, please notify the Knox Office if you have moved in the last year.
- ▶ In preparation for the Annual Meeting, information about candidates for the offices of elder and deacon, as well as for the 2021 Nominating Committee, will be emailed to the congregation. A limited number of printed copies will be available in the atrium in coming weeks as COVID restrictions allow.
- ▶ The Annual Meeting has been scheduled for 4 PM on Sunday, Feb. 14. Everyone is invited but voting is limited to members. Members will approve the 2021 budget and elect elders, deacons and 2021 Nominating Committee members.
- ▶ *A Small Book for the Anxious Heart* by Edward T. Welch is available for download on the Knox website (News & Updates > Downloads). Monthly Micro-Liturgies for Sabbath Living are also available for download.
- ▶ You may still sign up for the Heart & Soul of a Real Marriage / Relationship", which starts this afternoon. Details and registration are available on our website. You may also use the Knox app to register for the class.

Race & Grace

- ▶ Recently three of our members - Sara Chang, Josephine Sulimin, and Fred Bailey - sat down to have a conversation about issues of race and grace at Knox. This was a challenging conversation as they shared personally about their experiences. But it was also a hopeful conversation as they talked about the way the good news of Jesus intersects issues of race and racial injustice. We sent out links to these conversations in the weekly email. If you did not receive the email, contact the Knox Office. We encourage you to give these members a good hearing as they thought aloud about how we can better embody the hospitality of Jesus as a church to those of other races and cultures.



Listen to our Spotify playlist

Open Spotify app & scan this playlist code:





In Essentials, Unity. In Non-essentials, Liberty.
In All Things, Charity.



*Download our app to give online, listen to previous sermons
and access other helpful information about our church.*

Scan with your camera or a QR reader to download the Knox app.

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